



Home Care Guide

JUNE 2026

Helpful tips and meaningful reminders for families caring for older loved ones.



1. Brain Health: Routine Helps

A steady routine brings comfort and reduces stress for seniors with memory changes. Consistent mealtimes, medication reminders, activities, and familiar faces can support brain health and overall well-being.



2. Celebrate Strong Fathers Across Generations

This Father's Day, honor the fathers, grandfathers, and father figures who have shaped our lives. Take time to listen to their stories, celebrate their wisdom, and check in on their health and needs.



3. Protecting Seniors Starts with Paying Attention

Watch for signs of neglect, isolation, financial exploitation, and unsafe living conditions. Speaking up and staying connected can help protect a senior's safety, dignity, and quality of life.



4. Community Partners Make a Powerful Difference

We partner with senior communities, churches, healthcare professionals, and organizations to connect families with trusted in-home care support when they need it most.



We're here to help you and your loved one thrive at home.



Hello JUNE!

A new month to focus on wellness, connection, and making beautiful memories.



We're here to help your loved one feel safe, supported, and cared for at home.

